

Program Benefits

Through the Y-Guide & Y-Princess programs, the YMCA provides the following benefits to both father and child:

- Foster companionship and understanding and set the foundation for a positive, lifelong relationship between father and child
- Build a sense of self-esteem and personal worth
- Expand awareness of body, mind, and spirit
- Provide a framework to meet a mutual need of spending enjoyable, constructive, and quality time together
- Emphasize the vital role that parents play in the growth and development of their children
- Provide the opportunity to meet other families with children the same age

For more information call the B.R. Ryall YMCA at 630-858-0100 or visit the web site at www.logewhego.org



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B. R. Ryall YMCA

Y-Guide & Y-Princess Program



Program Description

The Logewhego Federation is a non-profit volunteer, father and guardian led organization supported by the YMCA. The Federation consists of two programs for children aged K-5th grade:

Y-Guide (dads and sons) and
Y-Princess (dads and daughters).

ITS PURPOSE IS TO FOSTER COMPANIONSHIP AND UNDERSTANDING AND SET THE FOUNDATION FOR A POSITIVE, LIFELONG RELATIONSHIP BETWEEN FATHER AND CHILD. IT ALSO PROVIDES THE OPPORTUNITY TO MEET OTHER FAMILIES WITH CHILDREN THE SAME AGE.

A family-friendly registration fee is required for all participating children and most events are provided at a minimal fee to cover Federation expenses.

Native American Theme

Despite challenges by some groups to drop the Native American theme, the Logewhego Federation continues the tradition of learning and applying the many outstanding qualities of Native Americans in a way that does not dishonor their culture. The tradition among Native American peoples for parental responsibility in teaching and guiding children to adulthood is nurtured through our programs.

**We build strong kids,
strong families,
strong communities.**

Tribal Meetings

Tribal meetings can be held once a month and sometimes more often depending on the tribe. Location depends on the size of the tribe – smaller tribes usually meet at a member's house while larger tribes meet at some other venue like the YMCA.

These meetings are usually held on week-nights and last for 1-2 hours. Most meetings consist of a tribal council, a craft that may or may not be Native American-themed, and snacks. They also serve as an opportunity for the tribal chief to communicate to the tribal members about Nation events and perform event registration duties.

It is a tradition in many tribes for both dads and children to participate in ceremonies that emphasize the values embodied in the program and foster the companionship for a positive, lifelong relationship between father and child.



Nation Events

Nation Events are generally held on the weekends and bring all the tribes in the Nation together. Participation in these unique events is often the most sought after benefit of the programs. In some cases the entire Federation participates in an event together. These events include:

- Council of the Four Winds (Initiation Ceremony)
- Fall and Spring Campouts (Tent Camping)
- Harvest Moon Banquet (Dinner and Entertainment)
- Christmas Tree Sales (YMCA Fundraising)
- Winter Campout (Heated Cabin)
- Indi-N-500 (Pinewood Derby)
- Soap Box Derby
- Bowling
- Chicago-Area Museum Sleepovers